

RESTAURANT	Coral Reef
LOCATION	The Seas with Nemo and Friends, Epcot
TIME	10 Minutes
SERVINGS	2 1/2 cups

Pineapple Chutney

Ingredients

- 1 1/2 tablespoons olive oil
- 2 1/2 cups fresh pineapple
- 1/2 tablespoon red crushed pepper
- 2 tablespoons brown sugar
- 1/4 cup red wine vinegar
- 3/4 cup fresh red bell pepper, diced
- 1 tablespoon fresh parsley, chopped
- Salt and pepper, to taste



TIP

*Serve over fish, chicken or rice.
Adds great flavor to fish tacos*

Instructions

1. Heat oil in a pan over medium high heat and sauté pineapple.
2. Add crushed red pepper, brown sugar, and vinegar to pan. Cook until almost all the liquid has evaporated.
3. Mix in bell pepper and parsley.
4. Season with salt and pepper.
5. Enjoy hot or cold.

Notes _____

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